



## HINDRINGHAM CHURCH OF ENGLAND PRIMARY SCHOOL

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Executive Headteacher: Miss Mary Dolan



“We all play our part to achieve excellence in everything”

Monday 14<sup>th</sup> September 2020

Dear Parents and Carers

Thank you for your help and support to make the first week back to school such a positive experience for the children.

At this time of year, colds and sore throats are common in school. If your child has a sore throat or runny nose, they should still come to school unless they have any of the three main coronavirus symptoms or are too unwell to attend.

The main symptoms of coronavirus are:

- **a high temperature** - this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **a new, continuous cough** - this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **a loss or change to your sense of smell or taste** - this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal.

**If your child has any of the symptoms, then you must:**

1. Get a test to check if your child has coronavirus as soon as possible.
2. Stay at home and do not have visitors until you get your test result - only leave your home to have a test. Anyone you live with, and anyone in your support bubble, must also stay at home until you get your result.

If the school or a class needs to close due to a positive test result from a member of staff or pupil, then we will text you, so please ensure that we have your current contact numbers.

If families have to self-isolate, school will send out home learning tasks and activities which we will expect to be completed. Please make sure that we have your up to date email addresses.

The Local Authority asks schools to give you the following information:

Carers/parents in clinically vulnerable groups are discouraged from dropping off and picking up children.

It is preferable that members of the household should walk to the setting together where possible, they should not walk together in large groups.

Do not send children to school if anyone in your household has symptoms.

Do not use school transport if children have symptoms. Children should wash their hands before and after using transport services.

Handwashing must be carried out when all children arrive at home.

Parents and staff should follow government guidelines regarding who can travel together by car as follows:

### **Car sharing**

You should try not to share a vehicle with those outside your household or support bubble. If you need to do this, try to:

- share the transport with the same people each time
- keep to small groups of up to 6 people at any one time
- open windows for ventilation
- travel side by side or behind other people, rather than facing them, where seating arrangements allow
- face away from each other
- consider seating arrangements to maximise distance between people in the vehicle
- clean your car between journeys using standard cleaning products - make sure you clean door handles and other areas that people may touch
- ask the driver and passengers to wear a face covering

Please do not hesitate to contact me, or your school office, if you have any concerns regarding this letter.

Yours faithfully

Miss Mary Dolan  
Executive Headteacher